Key:
+ = Contains
- = Free From
? = Potential risk due to cross contamination

Nutritional Information

Item	Amount (g)	Energy (kCal)	Energy (kJ)	Protein (g)	Carbohydrate (g)	Sugar (g)	Added Sugar (g)	Fat (g)	Monounsaturated Fat (g)	Polyunsaturated Fat (g)	Saturated Fat (g)	Natural Trans Fat (g)	Hydrogenation Trans Fat (g)	Total Trans Fat (g)	Fiber (g)	Sodium (mg)	Salt (mg)	Added Salt (mg)
Beef & Chicken																		
WHOPPER®	280.0	611.1	2563	27.4	45.9	11.1	9.1	34.6	18.5	5.8	9.2	0.4	0.0	0.5	2.9	960	2400	1115
Double WHOPPER®	361.0	840.3	3517	46.3	45.9	11.1	9.1	51.7	26.7	6.3	16.9	0.4	0.0	0.5	2.9	1027	2568	1115
WHOPPER® Junior	165.1	334.6	1406	13.8	33.7	7.3	6.3	16.2	5.7	3.0	3.7	0.2	0.0	0.3	1.9	619	1548	775
WHOPPER® Bacon & Cheese	318.2	722.8	3027	34.6	47.1	12.3	9.3	43.3	21.8	6.1	14.0	0.7	0.0	0.7	3.1	1612	4030	1588
Steakhouse	283.0	763.5	3195	36.8	53.9	13.5	10.0	44.0	21.3	5.3	16.3	0.7	0.2	0.8	3.2	1222	3054	961
Steakhouse Double	364.0	992.7	4149	55.6	53.9	13.5	10.0	61.1	29.6	5.8	24.0	0.7	0.2	0.8	3.2	1289	3223	961
Angus Classic	248.0	579.5	2431	31.0	47.6	10.0	8.8	28.8	14.3	4.0	9.1	0.3	0.4	0.7	2.6	660	1651	621
Angus Smoked Bacon & Cheese	281.0	701.0	2936	39.1	49.0	11.2	9.1	38.1	18.1	4.4	14.0	0.5	0.4	1.0	2.7	1265	3163	962
Angus Classic Double	337.0	818.8	3428	52.0	48.5	10.2	9.0	45.7	21.7	4.3	17.2	0.3	0.9	1.2	2.6	752	1881	625
Angus Smoked Bacon & Cheese Double	367.0	927.0	3877	59.0	49.7	11.3	9.2	54.1	24.9	4.6	21.7	0.5	0.9	1.4	2.8	1294	3235	863
Bacon Double Cheeseburger	138.7	376.2	1575	20.8	33.5	7.3	5.8	17.9	4.7	1.3	8.0	0.3	0.0	0.3	1.7	1163	2907	935
Bacon Double Cheese XL	312.0	889.6	3715	57.2	45.2	10.9	8.3	52.9	23.9	2.6	24.4	0.6	0.0	0.6	2.5	1662	4156	574
Double Rodeo BBQ Burger*	168.0	484.9	2030	24.9	44.6	8.7	7.2	23.0	4.7	1.8	9.2	0.2	0.0	0.2	2.6	709	1772	505
Quarter Pound Cheeseburger	242.0	568.9	2383	31.7	46.7	12.0	9.3	27.8	12.3	2.0	12.3	0.4	0.0	0.4	2.9	1371	3428	1086
Double Cheeseburger	161.0	431.3	1805	25.8	33.1	6.9	5.6	21.9	3.4	1.0	10.2	0.3	0.0	0.3	1.7	1030	2574	757
Big King®	232.0	586.8	2453	28.7	49.2	9.8	6.4	30.8	8.6	3.9	10.8	0.5	0.0	0.5	2.6	1189	2974	871
Rodeo BBQ Burger*	125.5	360.0	1512	14.9	45.1	8.2	7.2	13.4	3.8	1.8	4.1	0.1	0.0	0.1	2.4	483	1206	454
Cheeseburger	119.1	302.9	1271	15.7	32.7	6.5	5.6	12.3	2.4	1.0	5.2	0.2	0.0	0.2	1.6	800	1999	696
Hamburger	107.1	262.6	1104	13.5	32.2	6.1	5.6	9.0	1.4	0.9	3.2	0.1	0.0	0.1	1.6	594	1484	696
Chicken Royale*	209.0	566.8	2383	22.6	49.0	6.0	1.1	30.7	16.0	9.6	4.4	0.5	0.0	0.5	2.5	1264	3161	2090
Chicken Royale with Cheese*	233.0	647.5	2717	27.1	49.9	6.9	1.1	37.2	18.1	9.6	8.5	0.7	0.0	0.8	2.6	1676	4191	2090
Bacon Cheese Chicken Royale*	264.0	759.0	3180	34.3	51.1	8.1	1.3	45.9	21.4	10.0	13.3	1.0	0.0	1.0	2.7	2235	5588	2328
Sweet Chilli Chicken Royale*	209.0	506.1	2129	22.6	54.7	11.2	0.9	21.6	10.6	6.9	3.7	0.3	0.0	0.3	2.5	1257	3143	1852
TENDERCRISP®*	270.0	638.8	2685	30.5	55.8	6.5	6.1	31.6	18.0	8.3	4.6	0.6	0.0	0.6	3.4	1154	2886	2194
TENDERCRISP® with Cheese*	287.0	715.1	3001	34.8	56.5	7.2	5.9	37.8	20.0	8.3	8.6	0.8	0.0	0.8	3.5	1549	3872	2190
BLT Chicken Wrap*	214.0	384.1	1609	22.4	34.6	4.3	3.1	17.4	7.5	4.7	5.2	0.1	0.0	0.1	2.1	1559	3896	2063
Chicken Burger*	131.0	391.6	1642	11.2	42.0	4.7	4.5	19.8	10.7	4.8	4.0	0.3	0.0	0.3	2.0	740	1851	963
Sweet Chilli King Chicken*	142.0	410.8	1723	11.3	46.7	8.9	4.5	19.8	10.7	4.8	4.0	0.3	0.0	0.3	2.1	812	2030	963
King Chicken*	172.0	464.9	1949	17.2	45.6	6.0	4.4	23.7	10.6	9.9	2.9	0.2	0.0	0.2	2.3	1040	2600	1837
Sweet Chilli King Wrap*	212.0	355.9	1493	18.7	39.5	9.4	2.5	13.8	5.4	4.2	4.2	0.1	0.0	0.1	2.1	1369	3423	1526
Sides																		
Fries Small	90.0	222.3	932	2.9	29.3	0.2	0.2	10.0	5.0	1.9	3.1	0.0	0.0	0.0	2.1	459	1148	1170
Fries Regular	112.0	276.6	1160	3.6	36.4	0.2	0.2	12.4	6.3	2.4	3.8	0.0	0.0	0.0	2.6	571	1428	1456
Fries Large	160.0	395.2	1658	5.1	52.0	0.3	0.3	17.8	9.0	3.4	5.4	0.0	0.0	0.0	3.7	816	2040	2080
Fries Super	190.0	469.3	1968	6.1	61.8	0.4	0.4	21.1	10.6	4.0	6.5	0.0	0.0	0.0	4.4	969	2423	2470
Onion Rings* (5)	75.0	231.8	971	3.8	28.0	2.6	0.0	11.1	5.9	2.3	2.5	0.1	0.0	0.1	2.5	119	296	300
Onion Rings* (8)	120.0	356.4	1491	6.1	41.0	4.3	0.0	17.6	8.9	3.5	4.5	0.1	0.0	0.1	4.4	143	357	360
Onion Rings* (12)	180.0	534.6	2236	9.2	61.6	6.5	0.0	26.5	13.3	5.2	6.8	0.2	0.0	0.2	6.7	214	536	540
Onion Rings* (16)	240.0	712.8	2981	12.2	82.1	8.6	0.0	35.3	17.8	7.0	9.1	0.2	0.0	0.2	8.9	286	714	720
Chicken Nuggets* (6)	130.0	317.9	1327	17.1	22.4	7.0	5.8	17.6	8.5	3.8	5.1	0.1	0.0	0.1	1.1	773	1933	1718
Chicken Nuggets* (9)	207.5	490.3	2047	25.7	36.8	13.6	11.5	26.3	12.8	5.7	7.7	0.1	0.0	0.1	1.7	1273	3183	2858
Chilli Cheese Bites* (3)	60	183	676	5.4	19.3	0.85	0	10.2	3.65	1.25	4.5	0.1	0	0.1	1.85	0.48	1.2	
Chilli Cheese Bites* (4)	78.0	237.9	879	7.0	25.1	1.1	0.0	13.3	4.8	1.6	5.9	0.2	0.0	0.2	2.4	624	1560	
Chilli Cheese Bites* (6)	120.0	366.0	1352	10.8	38.6	1.7	0.0	20.4	7.3	2.5	9.0	0.2	0.0	0.2	3.7	960	2400	
Veggie. Fish & Salad																		
Veggie Bean Burger	247.0	547.2	2291	15.1	61.3	8.9	1.3	25.6	11.9	4.0	8.6	0.3	0.0	0.3	5.9	1395	3488	1166
Veggie Wrap	244.0	494.6	2072	9.8	63.9	8.1	2.8	21.0	10.0	3.8	6.4	0.1	0.0	0.1	6.3	1394	3485	1223
King Fish*	197.2	501.6	2103	17.4	44.2	4.5	4.1	28.0	14.0	7.1	5.5	0.7	0.7	1.3	2.8	1026	2566	1794
Garden Salad	72.0	13.7	58	0.6	2.2	2.2		0.4			0.1				0.9	10	26	
Crispy Chicken Salad*	218.0	249.4	1044	16.1	18.3	8.0	5.9	12.5	5.1	4.0	3.0	0.3	0.3	0.6	1.9	1183	2957	1871
Kids																		
Kid's Hamburger	93.5	259.8	1092	13.3	32.1	6.0	5.6	8.9	1.4	0.8	3.1	0.1	0.0	0.1	1.4	420	1051	261
Kid's Cheeseburger	105.8	301.1	1263	15.6	32.6	6.5	5.6	12.2	2.4	0.9	5.2	0.2	0.0	0.2	1.5	632	1579	261
Chicken Nuggets* (4 pieces) includes dip	95.0	220.9	922	11.5	17.1	6.8	5.8	11.7	5.7	2.5	3.4	0.1	0.0	0.1	0.8	591	1478	1333
Kid's Chicken Burger*	118.0	332.8	1396	11.1	43.7	6.5	6.1	12.7	6.4	2.8	3.4	0.1	0.0	0.1	2.1	748	1869	956
Kid's Veggie Bean Burger	184.3	469.1	1970	14.4	63.1	9.2	5.6	18.8	8.2	3.4	6.2	0.3	0.1	0.4	5.4	1398	3494	2175
Apple Fries	60.0	28.2	119	0.2	7.1	7.1	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	1.1	2	5	0
Beverages & Sweet Treats																		
Cappuccino Regular	371.0	308.2	1303	7.3	52.6	41.2	5.4	7.2	1.6	0.2	5.2	0.2	0.0	0.2	2.0	155	388	260
Cappuccino Large	482.0	387.2	1638	9.6	68.2	53.4	5.4	7.8	1.7	0.2	5.7	0.3	0.0	0.3	2.6	206	514	350
Strawberry Banana Iced Fruit Smoothie Regular	346.0	208.4	885	1.3	49.2	45.8	21.7	0.6	0.1	0.0	0.3	0.0	0.0	0.0	0.8	5	12	0
Strawberry Banana Iced Fruit Smoothie Large	459.0	278.5	1183	1.9	65.5	60.9	28.8	0.8	0.2	0.0	0.5	0.0	0.0	0.0	1.0	7	16	0
Tropical Mango Iced Fruit Smoothie Regular	346.0	220.8	938	1.3	52.0	49.6	18.7	0.7	0.1	0.0	0.3	0.0	0.0	0.0	0.9	5	12	0
Tropical Mango Iced Fruit Smoothie Large	459.0	294.9	1253	1.9	69.3	66.0	24.9	1.0	0.2	0.0	0.5	0.0	0.0	0.0	1.2	7	16	0
Tropicana®	250.0	107.5	463	1.8	22.5	22.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.3	0	0	0
5 Alive®	250.0	62.5	270	0.0	15.3	15.3	7.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0	0	
Milk	250.0	122.5	510	8.5	12.5	12.5	0.0	4.3	1.3	2.5	0.3	0.3	0.0	143	356	0		
Coca-Cola® Small	300.0	126.0	540	0.0	31.8	31.8	31.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0	0
Coca-Cola® Regular	400.0	168.0	720	0.0	42.4	42.4	42.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0	0
Coca-Cola® Large	500.0	210.0	900	0.0	53.0	53.0	53.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0	0
Coca-Cola® Super	750.0	315.0	1350	0.0	79.5	79.5	79.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0	0
Diet Coca-Cola® Small	300.0	0.8	3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	90	225	
Diet Coca-Cola® Regular	400.0	1.0	4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	120	300	
Diet Coca-Cola® Large	500.0	1.3	5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	150	375	
Diet Coca-Cola® Super	750.0	1.9	8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	225	563	
Sprite® Small	300.0	84.0	351	0.0	19.8	19.8												
Sprite® Regular	400.0	112.0	468	0.0	26.4	26.4												
Sprite® Large	500.0	140.0	585	0.0	33.0	33.0												
Sprite® Super	750.0	210.0	878	0.0	49.5	49.5												
Fanta® Small	300.0	87.0	372	0.0	21.3	21.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0		
Fanta® Regular	400.0	116.0	496	0.0	28.4	28.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0		
Fanta® Large	500.0	145.0	620	0.0	35.5	35.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0		
Fanta® Super	750.0	217.5	930	0.0	53.3	53.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0		
Oreo® Fusion	140.0	263.6	1131	4.7	39.4	34.6	21.6	10.2	1.2	0.0	6.4	0.1	0.0	0.1	0.7	118	295	120
Kit Kat® Fusion	160.0	342.8	1465	5.8	52.3	46.0	41.2	12.7	3.3	0.3	7.9	0.1	0.0	0.1	0.8	136	340	188
Ice Cream Cone	78.5	120.2	522	2.7	18.9	16.5	13.5	4.1	1.0	0.1	2.7	0.1	0.0	0.1	0.1	72	180	75
Chocolate Sundae	150.0	237.0	1024	4.2	41.6	38.4	33.2	6.7	1.4	0.0	4.7	0.1	0.0	0.1	0.5	119	297	130
Caramel Sundae	150.0	251.8	1087	4.1	41.4	39.2	33.6	8.5	2.0	0.1	5.7	0.1	0.0	0.1	0.0	138	346	134
Strawberry Sundae	150.0	223.0	967	10.7	38.7	36.4	30.2	6.5	1.3	0.0	4.6	0.1	0.0	0.1	0.1	123	309	130
Chocolate Shake Regular	401.0	455.3	1931	11.8	79.8	66.0	14.0	9.6	2.3	0.1	6.8	0.0	0.0	0.0	0.4	285	713	63
Chocolate Shake Large	519.0	625.8	2654	14.8	113.8	92.0	27.6	12.0	2.9	0.1	8.5	0.0	0.0	0.0	0.9	372	930	78
Vanilla Shake Regular	371.0	371.0	1573	11.5	59.4	51.9	9.3	2.2	0.0	6.7	0.0	260	649	63				
Vanilla Shake Large	519.0	519.0	2201	16.1	83.0	72.7	13.0	3.1	0.0	9.3	0.0	363	908	88				
Strawberry Shake Regular	401.0	433.4	1839	11.5	74.9	64.7	12.1	9.3	2.2	0.0	6.7	0.0	0.0	0.0	0.0	270	674	63
Strawberry Shake Large	519.0	582.7	2473	14.3	104.3	89.5	23.9	11.5	2.8	0.0	8.3	0.0	0.0	0.0	0.0	341	854	78
Chocolate Brownie Hottie (with Real Dairy Ice Cream)	140.0	448.8	1888	6.3	44.6	36.0	26.4	27.7	6.2	1.0	20.3	0.1	0.1	0.2	1.5	87	217	60
Sticky Toffee Hottie (with Real Dairy Ice Cream)	135.0	396.0	1667	6.1	43.2	29.1	26.2	22.2	7.8	4.4	9.8	0.1	0.1	0.2	0.8	158	394	60
Warm Belgian Waffle (with Real Dairy Ice Cream) with chocolate sauce	135.0	397.1	1676	5.4	55.2	36.1	18.2	17.2	5.1	2.3	9.6	1.3	0.0	1.3	1.5	295	739	61
Warm Belgian Waffle (with Whipped cream) with chocolate sauce	90.0	364.1	1524	3.9	42.9	23.8	7.9	19.3	5.7	2.4	11.2	1.3	0.0	1.3	1.5	249	622	1
Blueberry Filled Muffin	100.0	430.0	1799	5.4	48.3	41.0		24.0	12.6	5.2	5.4	0.3		0.3	0.8	269	673	393
Chocolate Filled Muffin	100.0	482.0	2007	4.0	47.1	31.8		30.6	16.4	7.1	6.8	0.3		0.3	3.3	288	720	235
Breakfast																		
Sausage. Egg and Cheese Butty with Ketchup Heinz®	174.0	434.6	1817	22.2	37.1	6.9	5.1	22.2	9.1	3.0	9.1	0.2	0.0	0.3	2.5	688	1720	371
Breakfast in Bread™ with Ketchup Heinz®	184.3	469.8	1964	25.0	38.2	7.9	5.9	24.4	10.3	3.2	9.8	0.3	0.0	0.3	2.5	868	2171	670
Sausage Butty with Ketchup Heinz®	112.0	299.8	1257	14.2	33.7	5.8	5.1	12.3	5.3	2.4	4.1	0.1	0.0	0.1	2.1	320	801	221
Big Beefy™ with Ketchup Heinz®	284.0	676.9	2832	39.6	47.8	11.3	8.9	35.9	16.2	2.6	15.7	0.4	0.0	0.4	2.9	1334	3334	688
Bacon. Egg & Cheese Butty* with Ketchup Heinz®	133.3	333.0	1395	15.2	37.2	6.9	5.5	14.0	6.0	1.4	6.0	0.2	0.0	0.2	2.2	846	2116	618
Bacon Butty with Ketchup Heinz®	76.0	218.0	918	9.0	33.7	6.2	5.4	5.5	3.1	1.0	1.3	0.1	0.0	0.1	1.9	572	1430	630
Egg & Cheese Butty with Ketchup Heinz®	126.0	299.8	1257	12.5	36.6	6.7	5.1	11.8	4.7	1.1	5.3	0.2	0.0	0.3	2.2	688	1719	371
Hash Browns* Regular	72.0	275.8	1146	2.4	22.1	0.1	0.1	19.2	9.9	3.7	5.5	0.1	0.0	0.1	2.4	367	918	936
Hash Browns* Large	99.0	379.2	1576	3.3	30.4	0.2	0.2	26.4	13.7	5.1	7.6	0.2	0.0	0.2	3.4	505	1262	1287
Mini-Pancakes & Syrup (6)	77.6	268.5	1130	2.9	41.3	22.0	20.7	10.2	4.4	1.3	4.6	0.2	0.0	0.2	1.0	150	376	153
Mini-Pancakes & Syrup (9)	103.6	364.7	1533	4.3	52.3	26.2	24.3	15.4	6.6	1.9	6.9	0.2	0.0	0.2	1.5	226	564	231
Extras																		
Whopper Patty	81.0	229.2	953	18.9	0.0	0.0	0.0	17.1	8.3	0.5	7.7	0.0	0.0	0.0	0.0	68	169	0
Angus Patty	83.0	238.2	992	21.0	0.7	0.0	0.0	16.8	7.4	0.3	8.1		0.4	0.4	0.0	91	228	0
Hamburger Patty	30.5	88.1	367	7.8	0.0	0.0		6.3	0.0	0.0	2.9	0.0	0.0	0.0	0.0	32	79	81
Pork Sausage Breakfast Patty	48.0	134.9	560	9.7	0.5	0.1	10.4	4.3	1.8	3.8	0.0	0.0	0.0	0.2	0	1	1	
Egg Patty	50.0	94.5	393	5.8	3.0	0.6	0.0	6.6	2.7	0.6	3.0	0.1	0.0	0.1	0.3	162	404	150
Applewood Bacon	10.0	44.2	184	3.8	0.5	0.4	0.3	3.0	1.8	0.4	0.9		0.0	0.0	0.1	210	525	341
Crispy onions	14.0	81.2	337	0.8	5.6	2.1	0.0	6.2	2.7	0.7	2.8	0.1	0.1	0.3	0.6	56	140	140
Onions	14.0	5.0	21	0.2	1.1	0.8		0.0	0.0	0.0	0.0				0.2	0	1	
Pickles	21.2	0.4	1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	275	686	689
Tomato	28.0	4.8	20	0.2	0.9	0.9	0.8	0.1	0.0	0.1	0.0				0.3	3	6	18
Lettuce	14.0	1.8	7	0.1	0.3	0.3	0.0	0.0			0.0	0.0	0.0	0.0	0.1	0	1	0
Small American Cheese Slice	12.3	41.3	171	2.3	0.5	0.5	0.0	3.3	1.1	0.0	2.1	0.1	0.0	0.1	0.1	211	528	
Large American Cheese Slice	24.0	80.6	334	4.5	0.9	0.9	0.0	6.5	2.1	0.1	4.1	0.2	0.0	0.2	0.1	412	1030	
Pepperjack Cheese Slice	24.6	84.1	349	4.9	0.6	0.6	0.0	6.9	2.1	0.3	4.4	0.0	0.0	0.1	0.0	320	800	96
Edam Cheese Slice	22.0	68.4	285	5.7	0.0	0.0	0.0	5.1	1.5	0.1	3.3	0.2	0.0	0.2	0.0	0	0	1
Extra HP® Sauce	11.0	13.1	56	0.1	3.0	2.5	2.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	110	275	229
Extra Mayo	14.0	85.3	357	0.1	0.3	0.2	0.1	9.1	5.5	2.7	0.7	0.2	0.0	0.2	0.0	98	245	238
Extra Ketchup Heinz®	14.0	15.0	64	0.1	3.5	3.3	2.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	132	329	280
Extra Barbecue	14.0	21.8	93	0.2	5.0	4.2	4.2	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.1	127	316	322
Extra Steakhouse Sauce	14.0	17.6	74	0.1	4.1	3.4	3.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	157	392	364
Extra Light Mayo	14.0	20.6	86	0.1	2.1	0.5	0.5	1.3	0.8	0.4	0.1	0.0		0.0	0.1	154	385	392
Dip pot Barbeque Sauce	25.0	35.3	148	0.3	7.8	7.1	5.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	132	331	326
Dip pot Sweet Chilli Sauce	25.0	60.0	255	0.2	14.8	11.6	11.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	249	621	363
Dip pot Ketchup Heinz®	25.0	27.0	113	0.3	6.5	6.4	5.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	227	568	563
Mayonnaise Sachet	12.0	79.7	328	0.1	0.3	0.3	0.2	8.6	5.2	2.7	0.7	0.2	0.0	0.2	0.0	79	197	180

Allergen Information

Item	Gluten	Lupin	Soya	Milk Products	Egg	Celery	Nuts	Peanuts	Sesame	Mustard	Fish	Mollusc	Crustaceans	Sulphur Dioxide
Beef & Chicken														
WHOPPER®	+	-	-	-	+	+	-	-	+	-	-	-	-	-
Double WHOPPER®	+	-	-	-	+	+	-	-	+	-	-	-	-	-
WHOPPER® Junior	+	-	-	-	+	+	-	-	+	-	-	-	-	-
WHOPPER® Bacon & Cheese	+	-	+	+	+	+	-	-	+	-	-	-	-	-
Steakhouse	+	-	+	+	+	-	-	-	?	+	-	-	-	-
Steakhouse Double	+	-	+	+	+	-	-	-	?	+	-	-	-	-
Angus Classic	+	-	?	-	+	-	-	-	?	+	-	-	-	-
Angus Smoked Bacon & Cheese	+	-	+	+	+	-	-	-	?	+	-	-	-	-
Angus Classic Double	+	-	?	-	+	-	-	-	?	+	-	-	-	-
Angus Smoked Bacon & Cheese Double	+	-	+	+	+	-	-	-	?	+	-	-	-	-
Bacon Double Cheeseburger	+	-	+	+	-	+	-	-	+	+	-	-	-	-
Bacon Double Cheese XL	+	-	+	+	-	+	-	-	+	-	-	-	-	-
Double Rodeo BBQ Burger*	+	-	+	+	-	-	-	-	+	+	-	-	-	-
Quarter Pound Cheeseburger	+	-	+	+	-	+	-	-	+	+	-	-	-	-
Double Cheeseburger	+	-	+	+	-	+	-	-	+	+	-	-	-	-
Big King®	+	-	+	+	+	-	-	-	+	+	-	-	-	-
Rodeo BBQ Burger*	+	-	-	-	-	-	-	-	+	+	-	-	-	-
Cheeseburger	+	-	+	+	-	+	-	-	+	+	-	-	-	-
Hamburger	+	-	-	-	-	+	-	-	+	+	-	-	-	-
Chicken Royale*	+	-	?	?	+	+	-	-	+	?	-	-	-	+
Chicken Royale with Cheese*	+	-	+	+	+	+	-	-	+	?	-	-	-	+
Bacon Cheese Chicken Royale*	+	-	+	+	+	+	-	-	+	?	-	-	-	+
Sweet Chilli Chicken Royale*	+	-	?	?	+	+	-	-	+	?	+	-	-	+
TENDERCRISP®*	+	-	?	?	+	+	-	-	?	?	-	-	-	+
TENDERCRISP® with Cheese*	+	-	+	+	+	+	-	-	?	?	-	-	-	+
BLT Chicken Wrap*	+	-	?	?	+	+	-	-	-	+	-	-	-	+
Chicken Burger*	+	-	?	?	+	+	-	-	+	?	-	-	-	-
Sweet Chilli King Chicken*	+	-	?	?	+	+	-	-	+	?	+	-	-	-
King Chicken*	+	-	?	?	+	?	-	-	+	?	-	-	-	+
Sweet Chilli King Wrap*	+	-	?	?	+	?	-	-	-	?	+	-	-	+
Sides														
Fries Small	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fries Regular	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fries Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fries Super	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Onion Rings* (5)	+	-	-	-	-	-	-	-	-	-	-	-	-	-
Onion Rings* (8)	+	-	-	-	-	-	-	-	-	-	-	-	-	-
Onion Rings* (12)	+	-	-	-	-	-	-	-	-	-	-	-	-	-
Onion Rings* (16)	+	-	-	-	-	-	-	-	-	-	-	-	-	-
Chicken Nuggets* (6)	+	-	-	?	+	+	-	-	-	-	-	-	-	+
Chicken Nuggets* (9)	+	-	-	?	+	+	-	-	-	-	-	-	-	+
Chilli Cheese Bites* (3)	+	-	-	+	-	-	-	-	-	-	-	-	-	+
Chilli Cheese Bites* (4)	+	-	-	+	-	-	-	-	-	-	-	-	-	+
Chilli Cheese Bites* (6)	+	-	-	+	-	-	-	-	-	-	-	-	-	+
Veggie. Fish & Salad														
Veggie Bean Burger	+	-	+	+	+	-	-	-	+	+	-	-	-	-
Veggie Wrap	+	-	?	-	+	+	-	-	-	+	-	-	-	-
King Fish*	+	-	-	+	+	-	-	-	+	-	+	-	-	-
Garden Salad	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Crispy Chicken Salad*	+	-	?	?	?	+	-	-	-	?	-	-	-	+
Kids														
Kid's Hamburger	+	-	-	-	-	+	-	-	+	-	-	-	-	-
Kid's Cheeseburger	+	-	+	+	-	+	-	-	+	-	-	-	-	-
Chicken Nuggets* (4 pieces) includes dip	+	-	-	?	+	+	-	-	-	-	-	-	-	+
Kid's Chicken Burger*	+	-	?	?	+	+	-	-	+	?	-	-	-	-
Kid's Veggie Bean Burger	+	-	?	-	-	+	-	-	+	-	-	-	-	+
Apple Fries	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Beverages & Sweet Treats														
Cappuccino Regular	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Cappuccino Large	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Strawberry Banana Iced Fruit Smoothie Regular	?	-	-	+	-	-	-	-	-	-	-	-	-	+
Strawberry Banana Iced Fruit Smoothie Large	?	-	-	+	-	-	-	-	-	-	-	-	-	+
Tropical Mango Iced Fruit Smoothie Regular	?	-	-	+	-	-	-	-	-	-	-	-	-	+
Tropical Mango Iced Fruit Smoothie Large	?	-	-	+	-	-	-	-	-	-	-	-	-	+
Tropicana®	-	-	-	-	-	-	-	-	-	-	-	-	-	-
5 Alive®	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Milk	-	-	-	+	-	-	-	-	-	-	-	-	-	-
Coca-Cola® Small	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Coca-Cola® Regular	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Coca-Cola® Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Coca-Cola® Super	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diet Coca-Cola® Small	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diet Coca-Cola® Regular	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diet Coca-Cola® Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diet Coca-Cola® Super	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sprite® Small	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sprite® Regular	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sprite® Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sprite® Super	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fanta® Small	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fanta® Regular	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fanta® Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fanta® Super	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Oreo® Fusion	+	-	+	+	-	-	-	-	-	-	-	-	-	-
Kit Kat® Fusion	+	-	+	+	-	-	?	-	-	-	-	-	-	-
Ice Cream Cone	+	+	+	+	?	-	-	-	-	-	-	-	-	-
Chocolate Sundae	+	-	-	+	-	-	-	-	-	-	-	-	-	-
Caramel Sundae	+	-	+	+	-	-	-	-	-	-	-	-	-	+
Strawberry Sundae	?	-	-	+	-	-	-	-	-	-	-	-	-	+
Chocolate Shake Regular	?	-	+	+	-	-	-	-	-	-	-	-	-	-
Chocolate Shake Large	?	-	+	+	-	-	-	-	-	-	-	-	-	-
Vanilla Shake Regular	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Vanilla Shake Large	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Strawberry Shake Regular	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Strawberry Shake Large	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Chocolate Brownie Hottie (with Real Dairy Ice Cream)	+	-	+	+	+	-	?	-	-	-	-	-	-	-
Sticky Toffee Hottie (with Real Dairy Ice Cream)	+	-	+	+	+	-	?	-	-	-	-	-	-	-
Warm Belgian Waffle (with Real Dairy Ice Cream) with chocolate sauce	+	-	+	+	+	-	-	-	-	-	-	-	-	-
Warm Belgian Waffle (with Whipped cream) with chocolate sauce	+	-	+	+	+	-	-	-	-	-	-	-	-	-
Blueberry Filled Muffin	+	-	?	+	+	-	?	-	?	-	-	-	-	-
Chocolate Filled Muffin	+	-	+	+	+	-	?	-	?	-	-	-	-	-
Breakfast														
Sausage. Egg and Cheese Butty with Ketchup Heinz®	+	-	+	+	+	+	-	-	?	-	-	-	-	-
Breakfast in Bread™ with Ketchup Heinz®	+	-	+	+	+	+	-	-	?	-	-	-	-	-
Sausage Butty with Ketchup Heinz®	+	-	-	-	-	+	-	-	?	-	-	-	-	-
Big Beefy™ with Ketchup Heinz®	+	-	+	+	+	+	-	-	+	-	-	-	-	-
Bacon. Egg & Cheese Butty* with Ketchup Heinz®	+	-	+	+	+	+	-	-	?	-	-	-	-	-
Bacon Butty with Ketchup Heinz®	+	-	-	-	-	+	-	-	?	-	-	-	-	-
Egg & Cheese Butty with Ketchup Heinz®	+	-	+	+	+	+	-	-	?	-	-	-	-	-
Hash Browns* Regular	?	-	?	?	-	-	-	-	-	-	-	-	-	-
Hash Browns* Large	?	-	?	?	-	-	-	-	-	-	-	-	-	-
Mini-Pancakes & Syrup (6)	+	-	-	+	+	-	-	-	-	-	-	-	-	-
Mini-Pancakes & Syrup (9)	+	-	-	+	+	-	-	-	-	-	-	-	-	-
Extras														
Whopper Patty	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Angus Patty	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hamburger Patty	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pork Sausage Breakfast Patty	?	-	-	-	-	-	-	-	-	-	-	-	-	-
Egg Patty	+	-	-	+	+	-	-	-	-	-	-	-	-	-
Applewood Bacon	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Crispy onions	+	-	-	-	-	-	-	-	-	-	-	-	-	-
Onions	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pickles	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tomato	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Lettuce	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Small American Cheese Slice	-	-	+	+	-	-	-	-	-	-	-	-	-	-
Large American Cheese Slice	-	-	+	+	-	-	-	-	-	-	-	-	-	-
Pepperjack Cheese Slice	-	-	-	+	-	-	-	-	-	-	-	-	-	-
Edam Cheese Slice	?	-	-	+	-	-	-	-	-	-	-	-	-	-
Extra HP® Sauce	+	-	-	-	-	-	-	-	-	-	-	-	-	+
Extra Mayo	?	-	-	-	+	-	-	-	-	-	-	-	-	-
Extra Ketchup Heinz®	-	-	-	-	-	+	-	-	-	-	-	-	-	-
Extra Barbecue	?	-	-	-	-	-	-	-	-	+	-	-	-	-
Extra Steakhouse Sauce	?	-	?	-	-	-	-	-	-	+	-	-	-	-
Extra Light Mayo	?	-	-	-	+	-	-	-	-	+	-	-	-	-
Dip pot Barbeque Sauce	?	-	-	-	-	-	-	-	-	-	-	-	-	+
Dip pot Sweet Chilli Sauce	?	-	-	-	-	-	-	-	-	-	-	-	-	+
Dip pot Ketchup Heinz®	?	-	-	-	-	+	-	-	-	-	-	-	-	-
Mayonnaise Sachet	?	-	-	-	+	-	-	-	-	+	-	-	-	-

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